‘From Her, Kings Are Born’
From woman, man is born; within woman, man is conceived; to woman he is engaged and married.

Woman becomes his friend; through woman, the future generations come.

When his woman dies, he seeks another woman; to woman he is bound.

So why call her bad? From her, kings are born.
From woman, woman is born; without woman, there would be no one at all.

O Nanak, only the True Lord is without a woman.

That mouth which praises the Lord continually is blessed and beautiful.

O Nanak, those faces shall be radiant in the Court of the True Lord. ||2||

(Guru Nanak Dev, Var Asa, pg. 473)
Marriage is an Equal Partnership of Love and Sharing between Husband and Wife.

They are not said to be husband and wife, who merely sit together.

They alone are called husband and wife, who have one light in two bodies. ||3||

(Guru Amar Das, Pauri, pg. 788)
God is the husband and we are all his bride

There is one Husband Lord, and all are His bride.

The false bride wears many costumes.

He stops her from going into the homes of others;

He summons her to the Mansion of His Presence, and no obstacles block her path.

She is embellished with the Word of the Shabad, and is loved by the True Lord.

She is the happy soul bride, who takes the Support of her Lord and Master.

(Guru Nanak Dev, Ramkali, pg. 933)
Women have an equal right to participate in the congregation.

Come, my dear sisters and spiritual companions; hug me close in your embrace.

All Virtues are in our True Lord and Master; we are utterly without virtue.

(Guru Nanak Dev, Sri Rag, pg. 17)
The blind fool abandons the wife of his own home,

And has an affair with another woman.

He is like the parrot,
who is pleased to see the simbal tree;

But in the end, he dies, stuck to it.

(Bhagat Nam Dev, Bhairo, pg. 1165)
God is our Mother as well as our Father.

You are my Father, and You are my Mother.

You are my Soul, my Breath of Life, the Giver of Peace.

You are my Lord and Master; I am Your slave.

Without You, I have no one at all.

(Guru Arjan Dev, Bhairo, pg. 1144)
The practice of women burning themselves on their husband's funeral pyre (satee) condemned.

Do not call them 'satee', who burn themselves along with their husbands' corpses.

O Nanak, they alone are known as 'satee', who die from the shock of separation.

They are also known as 'satee', who abide in modesty and contentment.

They serve their Lord, and rise in the early hours to contemplate Him.

(Guru Amar Das, Var Suhi, pg. 787)
The ritual of dowry so prevalent in Indian society condemned.

Give me the Lord as my wedding gown, and the Lord as my glory, to accomplish my works.

Through devotional worship to the Lord, this ceremony is made blissful and beautiful; the Guru, the True Guru, has given this gift.

Across the continents, and throughout the Universe, the Lord's Glory is pervading. This gift is not diminished by being diffused among all.

Any other dowry, which the self-willed manmukhs offer for show, is only false egotism and a worthless display.

O my father, please give me the Name of the Lord God as my wedding gift and dowry.

(Guru Ram Das, Sri Rag, pg. 79)
Kaur

Kaur in Sikhism means Princess.

Guru Gobind Singh Ji

Gave all Sikh women the Surname Kaur to eliminate discrimination based on family name, before and after marriage. Providing women an equal platform in their own right.
Kaur
The Brave daughters of Guru Gobind Singh Ji & Mata Sahib Kaur Ji.

Kaur
The Pride of the Khalsa.

Guru Nanak Dev Ji
Preached the Equality of Women. Guru Ji actively encouraged the participation of women in worship, in society, on the battlefield and their freedom of speech.
Kaur
Waheguru
Spiritual
Dedicated
Brave
Loving
Warrior

Equal
Fearless
Lioness
True
Courage
Powerful