Focus Group Research on Equality of Women

By SCCYC Youth Club

Equality quote by the founder of the Sikh Religion, Guru Nanak Dev Ji. The quote has been forgotten by modern day males and similar quotes need to be translated from Gurbani to modern day Punjabi and English and to be displayed in calligraphy.

The Sikh Temples, exhibitions and Sikh homes are full of pictures of Sikh Guru’s and male leaders. What about women’s contribution to history - Mata Bhag Kaur who led troops in battle to defend Sikhs and what about Mata Kivi who started the langar (free food system) for the poor. We have never seen their pictures or stories. We want to display their stories and other inspirational women’s stories and pictures from past and present, into modern displays and share with other temples and booklets for people to take home and learn.

We have just completed a Sikhs In World War I project. All our research shows how men contributed to the war. What about the women who stayed in India and did everything to bringing up their children, housework and even the farming! There is no mention of them and their struggles and part in the wars.

There is a lot of resources about Maharaja Duldeep Singh and Indian Prince that resided in the Uk, however, not much on his granddaughter who made a huge difference to women’s rights by became a Suffrogette. Learning and sharing this heritage will be very interesting and inspiring.
We would like to convert Gurbani Calligraphy equality quotes from scriptures to English and modern day Punjabi quotes for displays such as above with heritage and art experts workshops.

Some Northampton Young Peoples Family Stories that could be recorded:

“My grandfather was in WW2, great grandmother brought up 3 children, looked after mother in law, farming, home and created wove and embroidered all clothing and furniture. However, no recognition, focus is on my grandfather achievement of war and coming to Britain.

“Mainly men Sikh leaders: 10 Gurus, Sikh politics, priests, Temple committees: My grandmother is doctor from India and has equal status as main bread winner but community recognise the male as head of house and even in the Gurdwara she takes a kitchen role instead of a leader one that she would be good at”.

“Artists and media is dominated by Sikhs and we are discouraged from art hobbies and jobs. We want to bring in women artists to create the displays and hold workshops and inspiring women speakers to promote and display heritage of women so that it is not ignored like it has been in the past”.

Despite such teachings, it is evident that the public realm within the Sikh community remains patriarchal. Females are seldom visible in Gurdwara management committees. According to the British Sikh Report 2013, 55% of British Sikh females who experienced gender discrimination did so at their Gurdwara. 10 Young British Sikh females are currently challenging patriarchal dominance in Gurdwaras and actively seek female representation in religious institutions beyond the langarhall (the communal kitchen).

‘An Insight into the British Sikh Community’ 2014, British Sikh Report

Explore and record roots and views of the word Kaur and share related quotes widely

This Sikh inspiring You Tuber is the only role model we have found that is illustrated. The rest of the modern illustrations are on heritage of Sikh male achievements and role models.

Recording heritage in this style will be eye catching with quotes and titles of inspirational women